# **HOW TO MEASURE**







### **TOPS**

### **NECK**

Measure around base of neck. Number of inches equals neck size

### CHEST

With arms at sides, measure across fullest part of the chest, under arms and across shoulder blades

### BUST

Measure across fullest part of bust while keeping arms relaxed at sides

### SLEEVE LENGTH

Start from the center of the back of neck and measure across the shoulder to the elbow and down to the wrist

## **BOTTOMS**

### WAIST

Measure your natural waist at the height you normally wear your pants.

### **HIGH HIP**

Measure the protruding points of your hip bones, approximately 3" below your waist

### LOW HIP

Measure the widest point of your hip, appoximately 8" below your natural waist

### **INSEAM**

Measure the inside of your leg from crotch down to the top of the shoe

